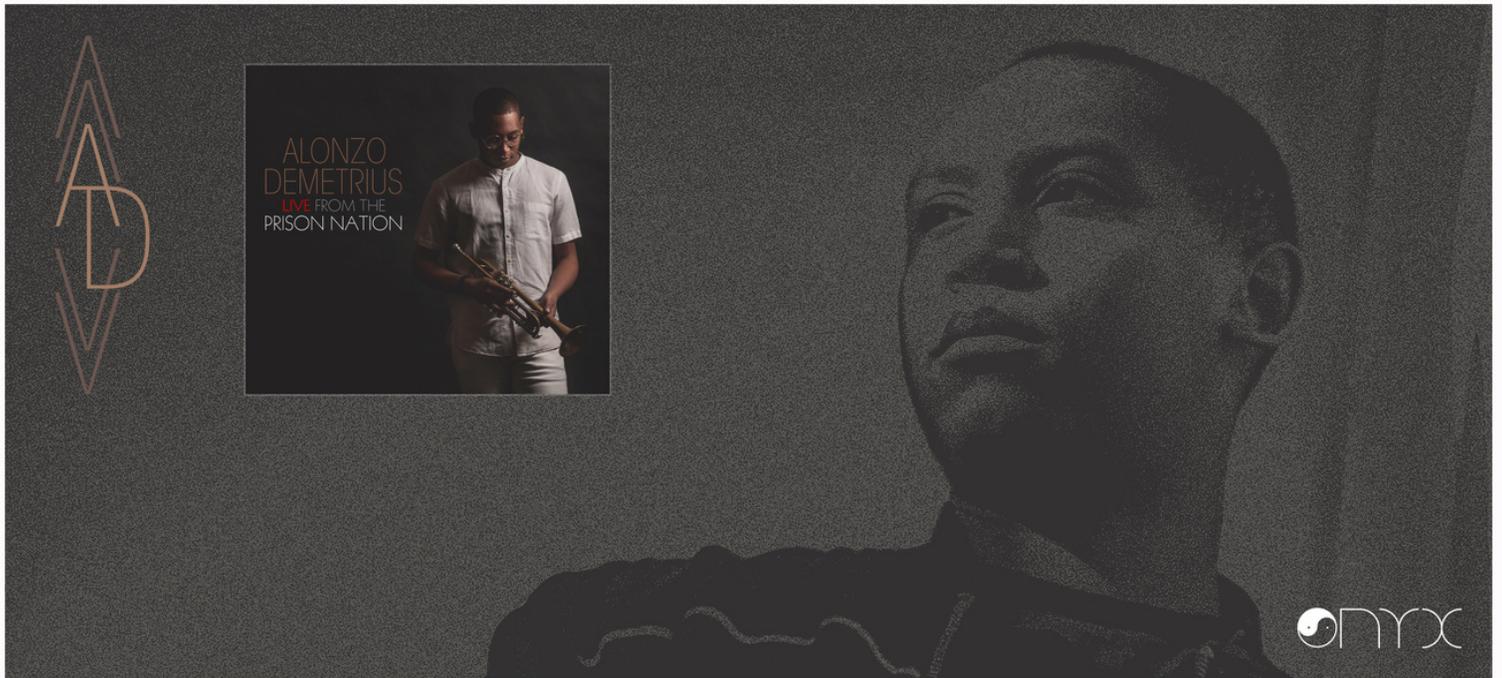




ALONZO
DEMETRIUS
LIVE FROM THE
PRISON NATION

MUSIC TO **ACTION**

DISCUSSION SERIES
PARTICIPANT GUIDE



the time is **now**

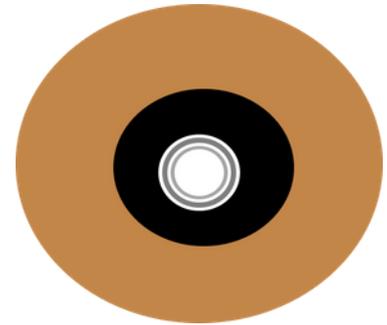
I felt compelled to create music that is connected to racial injustice in America. I wrote and recorded this album a year before the George Floyd murder and it was as relevant then as it is now, and unfortunately, it will remain relevant until real systemic change occurs. We can and should do more. My vehicle to do so is my music. This discussion series was designed with a desire to equip participants with knowledge and insight, but allow for self reflection throughout the process.

There is no expectation of radical, sweeping solutions as a result of these discussions, however, we hope to inform and inspire creative solutioning that could include continued education, increased awareness of and participation in local political processes and community policing, as examples. The choice is yours in how you participate in these discussions and more importantly, how you react as result - our ultimate goal is to inspire action.

If we all claim a role in our community our efforts become stronger, but it starts with coming together to talk about the hard things.

Alonzo Demetrius

music to action



Using the music of the *Live From the Prison Nation* album, we empower participants in these discussions to:

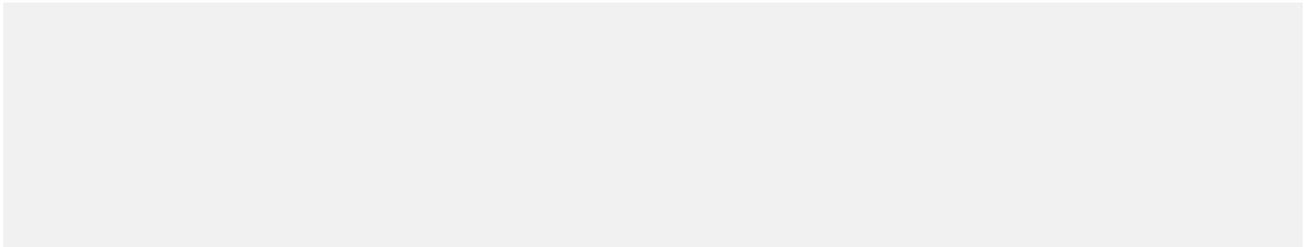
- Elevate the current calls for police reform/defunding to address the larger systemic issue of the Prison Industrial Complex
- Educate themselves on all three parts of law enforcement—courts, corrections, and police
- Activate themselves through a commitment to creative solutioning for individual and community activism—your community, for these discussions; can be personal, professional or academic

4-Part Discussion Series | Community Mapping | Personal Action Planning

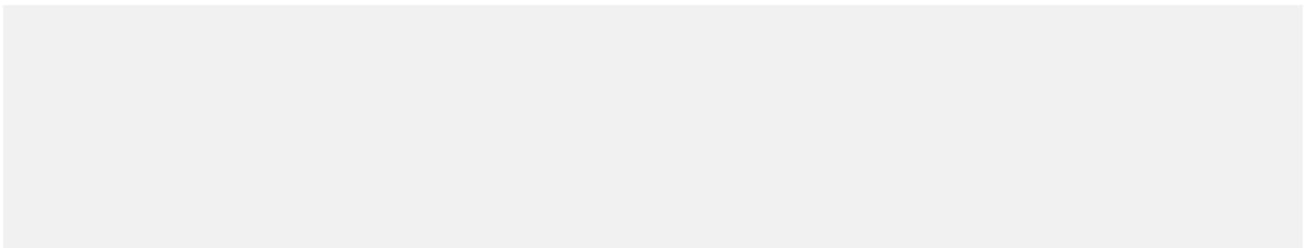
track 1: expectations

*Expectations is about being **inside the system** and was inspired by Angela Davis' Eric Williams Memorial Lecture at Florida International University in 2003. Expectations introduces the concept of the Prison Industrial Complex (PIC) and explores the reality of being trapped within a system. Meant to evoke the anxiety of something constantly approaching, it features a melody that floats above an ominous bassline. The seemingly constant ringing piano represents the inevitable effect of the Prison Industrial Complex that has seeped its way into all facets of life for people of color, particularly Black people, in the United States.*

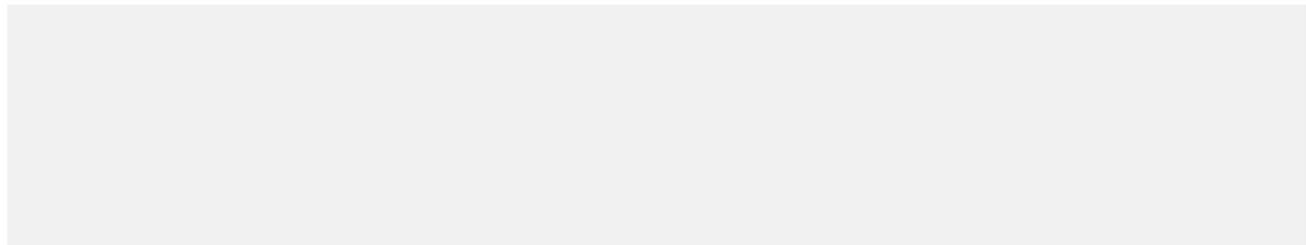
What are your initial reactions to this song and its meaning?



What understanding do you have of the Prison Industrial Complex?



What resonated with you about David's comments?



Angela Davis on the Prison Industrial Complex

“The prison has become a black hole in which the detritus [trash] of contemporary capitalism is deposited. Mass imprisonment generates profits as it devours social wealth, and thus it tends to reproduce the very conditions that lead people to prison”

*The next track is about **navigating and surviving the system** and is called **The Principle**. Continuing the conversation about “rules”, we discuss dual consciousness, or code-switching, and the challenges and opportunities it creates.*

Additional resources on <https://www.ademetriusmusic.com/musictoaction>

community mapping - personal

Your community is a collection of people you know, people you don't know, and people you should know. Expand your community knowledge by connecting with people that should be at your Community Activation table.

Government Officials (County, Town, Township, Municipality, Borough, Chamber of Commerce, etc.)

Mental Health Professionals (Clinical Social Workers, Psychologists, Addiction Counselors, etc.)

Law Enforcement (Police Officer, Judge, Corrections Officer, Neighborhood Watch, etc.)

Local Community/Social Activists

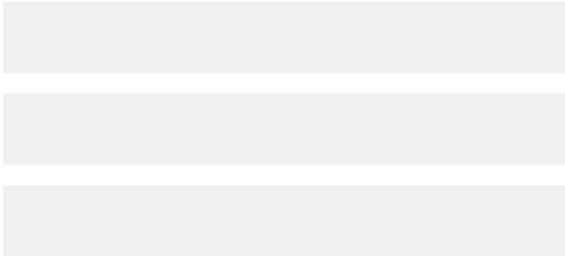
School Officials (Superintendent, School Board Member, PTA, School Officials, Teachers, etc.)

Religious/Spiritual Leaders

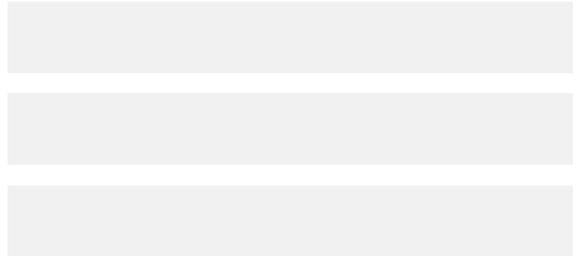
community mapping - professional

Your community is a collection of people you know, people you don't know, and people you should know. Expand your community knowledge by connecting with people that should be at your Community Activation table.

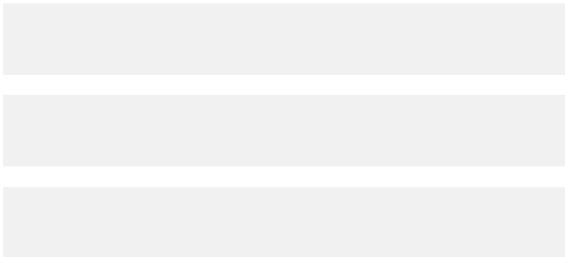
Senior Leadership Support (at least 1 Executive Team member, business unit/department leaders, etc.)



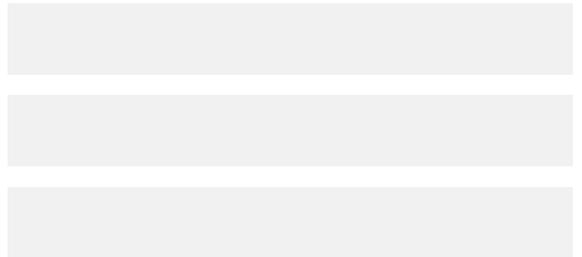
Human Resources (CHRO/CDO, Talent Management, Talent Acquisition, Wellness, etc.)



Affinity Groups (Employee/Business Resource Group leaders/members, Networking Groups, etc.)



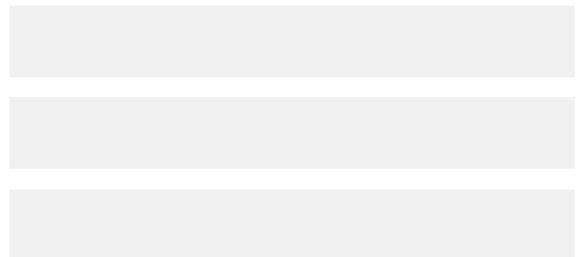
Diversity, Equity & Inclusion (Leaders/employees, Corporate Responsibility, Supplier Diversity, etc.)



Internal Communications



External Communications/Public Relations



community mapping - academic

Your community is a collection of people you know, people you don't know, and people you should know. Expand your community knowledge by connecting with people that should be at your Community Activation table.

School Officials (Principal, Vice Principal, Deans)

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Student Services (Student Unions, Clubs, Fraternities/Sororities, etc.)

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Faculty (Counselors, Teachers/Professors, etc.)

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Social Activists

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Staff (Cafeteria Workers, Janitors, Security, etc.)

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Student Volunteers

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