

# LIVE FROM THE PRISON NATION



## THE ALBUM & THE EXPERIENCE

**Live From The Prison Nation** is Alonzo Demetrius' personal form of protest against the Prison Industrial Complex.

Inspired by activists such as Angela Davis and Mumia Abu Jamal, as well as personal anecdotes from family members, Live from the Prison Nation is an urgent album intended to inspire listeners into taking action.

### EXPECTATIONS

Being inside the system

### THE PRINCIPLE

Navigating/surviving the system

### MUMIA'S GUIDANCE

Understanding the system

### F.O.O. SHIT

Fighting for justice despite the system

## FROM MUSIC TO ACTION

### EDUCATE

The workshop uses the album to educate on and encourage discussion about the Prison Industrial Complex and it's impact on people of color and our nation.

### ACTIVATE

Participants create a personal action plan that includes ways to begin Community Activation activities immediately following their session.

### EVALUATE

This is an ongoing conversation - a feedback survey allows for continuous improvement to the workshop and insight into themes.

Two experience options: Conversation Starters to empower you to lead your own discussion and a Facilitated Workshop for deeper conversations and action planning

## DEFINING COMMUNITY

### YOUR COMMUNITY

(Don't  
People You Know  
Should)



#### PERSONAL

Your neighbors, community leaders and activists, local politicians, to name a few.



#### PROFESSIONAL

The Executive Team, business leaders, employees, Affinity Groups, etc.



#### ACADEMIC

High school or College level - consider school officials, faculty, and staff, as well as student unions, fraternities and sororities.

Purchase Conversation Starters on the site.

Email [ademetriusmusic@gmail.com](mailto:ademetriusmusic@gmail.com) to schedule a facilitated workshop.